

**DEPARTMENT OF PRACTICE OF MEDICINE
RAJKOT HOMOEOPATHIC MEDICAL COLLEGE
PARUL UNIVERSITY**



Report on



FOUNDATION PROGRAMME 2023

Introducing

For the students of 1ST YEAR BHMS

To

COMPETENCY BASED DYNAMIC CURRICULUM

As per the guidelines of

NATIONAL COMMISSION FOR HOMOEOPATHY



INTRODUCTION :-

Homoeopathic medical education in India requires orientation of the new entrants to a basic philosophical orientation, a need to think in an integrated and holistic manner, an ability to function in a team at the bedside and a capacity to invest in a life-long learning pattern. Homoeopathy, though more than 225 years old, is relatively young as a scientific discipline and has attracted several negative community exposures due to a variety of reasons. In India, we are aware that the students who enter the portals of a homoeopathic college rarely do so out of their volition. It is often an exercise as the last choice or one which is adopted as a stepping stone to a 'medical' degree. Hence, the mind-set of the new entrants is rarely informed, positive, and self-affirming.

However, we know that like all medical disciplines, homoeopathy training includes a wide spectrum of domains that involves exposure to human interactions and interpersonal relationships in various settings including hospital, community, clinics etc. The training is intense and demands great commitment, resilience and lifelong learning. It is desirable to create a period of acclimatization and familiarization to the new environment. This includes an introduction to the course structure, learning methods, technology usage, and peer interactions which would facilitate their smooth transition from junior college to homoeopathic college. This is planned to be achieved through a dedicated 10 days exclusive "Foundation Programme", at the beginning of the BHMS course to orient and sensitize the students to various identified areas.

As per the guidelines of National Commission for Homoeopathy, after admission, the student shall be inducted to the Bachelor of Homoeopathic Medicine and Surgery (B.H.M.S) course through a Foundation Programme not less than ten working days/sixty hours based on the 'Content for Foundation programme' which intends to introduce newly admitted student to Homoeopathy system of medicine and skills required to make him well aware of the Bachelor of Homoeopathic Medicine and Surgery (B.H.M.S) course he is going to undergo for next five years and six months

So, accordingly Rajkot Homoeopathic Medical College, affiliated with Parul University organized the foundation programme 21st February 2023 to 10th March 2023 during which, the students of First year BHMS learnt history of Homoeopathy, got oriented with development of homoeopathic science across the globe, understanding on improvising interpersonal communication skills, management of stress and time, basic life support and first-aid along with other subjects as per syllabus specified.

GOALS AND OBJECTIVES :-

➤ Broad goals of the Foundation Programme in Homoeopathy include:

1. Orienting the students to various aspects of homoeopathic system of medicine;
2. Creating in them the conscious awareness of the 'Mission' as defined by Master Hahnemann;
3. Equipping them with certain basic, but important skills required for going through this professional course and taking care of patients;
4. Enhancing their communication, language, computer and learning skills;
5. Providing an opportunity for peer and faculty interactions and introducing an orientation to various learning methodologies.

➤ Objectives

(a) The Objectives of the Foundation Programme are to Orient the learners to:

- (i) The medical profession and the mission of a homoeopath in society
- (ii) The BHMS Course
- (iii) Vision and Mission of the institute
- (iv) Concept of holistic and positive health and ways to acquire & maintain it
- (v) History of Medicine and Homoeopathy and the status of Homoeopathy in the world
- (vi) Medical ethics, attitudes and professionalism
- (vii) Different health systems available in the country
- (viii) Health care system and its delivery
- (ix) National health priorities and policies
- (x) Principles of primary care (general and community-based care)
- (xi) Concept of mentorship programme

(b) Enable the learners to appreciate the need to enhance skills in:

- (i) Language
- (ii) Observation, documentation & understanding of basic medical technologies
- (iii) Interpersonal relationships and team behaviour
- (iv) Communication across ages and cultures
- (v) Time management
- (vi) Stress management
- (vii) Use of information technology

(c) Train the learners to provide:

- (i) First-aid/ Emergency management
- (ii) Basic life support
- (iii) Universal precautions and vaccinations
- (iv) Patient safety and biohazard safety

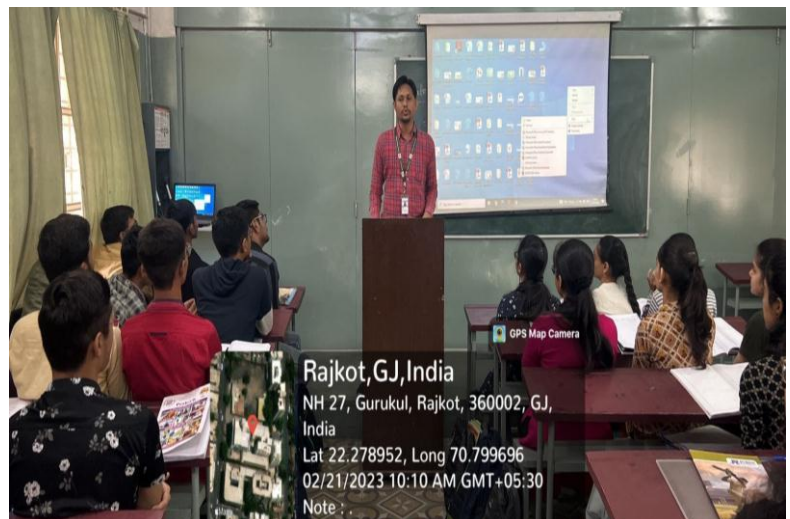
(d) Impart Language and Computer skills

- (i) Local language programme
- (ii) English language programme
- (iii) Computer skills

So, according to above mentioned goals and objective a foundation course was designed by Faculties of Rajkot Homoeopathic Medical College, affiliated with Parul University, under the guidance of Dr. Hitarth Mehta sir, Principal, Rajkot Homoeopathic Medical College, affiliated with Parul University and glimpses of the same is as follows:-

DAY-1

- Computer skill & demonstration -by Dr. Jay Solanki, Assistant Professor, Department of Anatomy and Mr. Ravi Parmar, IT Technician, Rajkot Homoeopathic Medical College, Parul University



- First Aid Principles and technique by- Dr. Viren Nimbark , Associate Professor, Department of Surgery, Rajkot Homoeopathic Medical College, Parul University

DAY-2

1. Constitution Values, Equality And Interactive Discussion-Dr. Vaidehi Bhatt, Assistant Professor, Department of Homoeopathic Pharmacy, Rajkot Homoeopathic Medical College, Parul University



2. BLS Training and Demonstration -Dr. Shailendra Bhamar, Professor, Department of Practice of Medicine, Rajkot Homoeopathic Medical College, Parul University



3. Welcome and Introduction to vision and mission of institute by Dr. Hitarth Mehta sir, Principal, Rajkot Homoeopathic Medical College, affiliated with Parul University .



Day 3

1. Gender sensitisation & Ragging policy- Dr Kamna Gupta, Assistant Professor, Department of Homoeopathic Materia Medica, Rajkot Homoeopathic Medical College, Parul University
2. BHMS course of study & introducing Faculties - Dr Mitesh Jani, Professor, Department of Anatomy, Rajkot Homoeopathic Medical College, Parul University
3. Adult learning Principles - Dr Hitesh Pandit, Professor, Department of Forensic Medicine and Toxicology, Rajkot Homoeopathic Medical College, Parul University



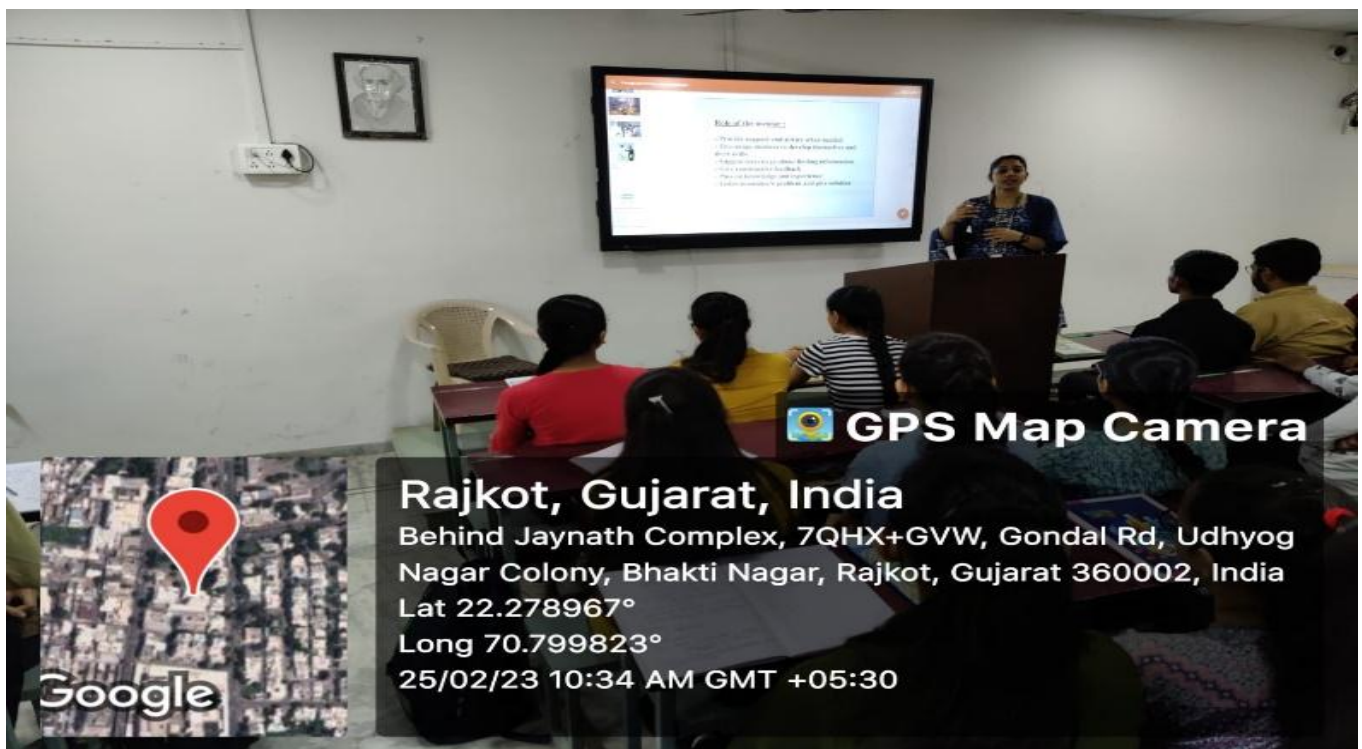
Day 4

1. Visit To Primary Health Centre, by Dr. Anupkumar Das, Professor, Department of Community Medicine, Rajkot Homoeopathic Medical College, Parul University
2. Debate on the topic of “Who is professional ?” by Dr. Mitesh Jani, Dr. Mrugank Meghani, & Dr Vaidehi Bhatt
3. Training on Bio medical waste and it's management by Dr. Amar Thakkar, Dr Madhvi Vagadia and Mrs. Daya Mandli
4. Students were taken on Walking tour of institute by Dr. Jay Solanki
5. Scope and limitations of Homoeopathy were explained by Dr. Ketan Pattani, Professor, Department of obstetrics and gynecology, Rajkot Homoeopathic Medical College, Parul University
6. Dr. Jay Solanki and Dr Hiral Trivedi demonstrated and explained Importance of Observation and Documentation in Homoeopathic practice



Day 5

1. Dr. Vani Oza explained Different health care system recognized in the country and the concept of pluralistic health care
2. Dr. Raxit Ramavat demonstrated Adult learning principles
3. Dr. Urmila Bhargariya, Dr. Shreya Jethva and Dr. Prathna Shashtri described Concept and principles of mentoring
4. Dr. Shreya Joshi explained History of medicine and homeopathy and state of Homeopathy in world
5. Dr. Kanan Bhatt demonstrated Mission and role of Homoeopathy in society



Day 6

1. Concept of Holistic Health was explained by Dr. Mital N. Kacha Assistant Professor, Department of Organon of Medicine, Rajkot Homoeopathic Medical College, Parul University



2. History of medicine was demonstrated by Dr Urmila Bhargariya, Assistant Professor, Department of Practice of Medicine, Rajkot Homoeopathic Medical College, Parul University



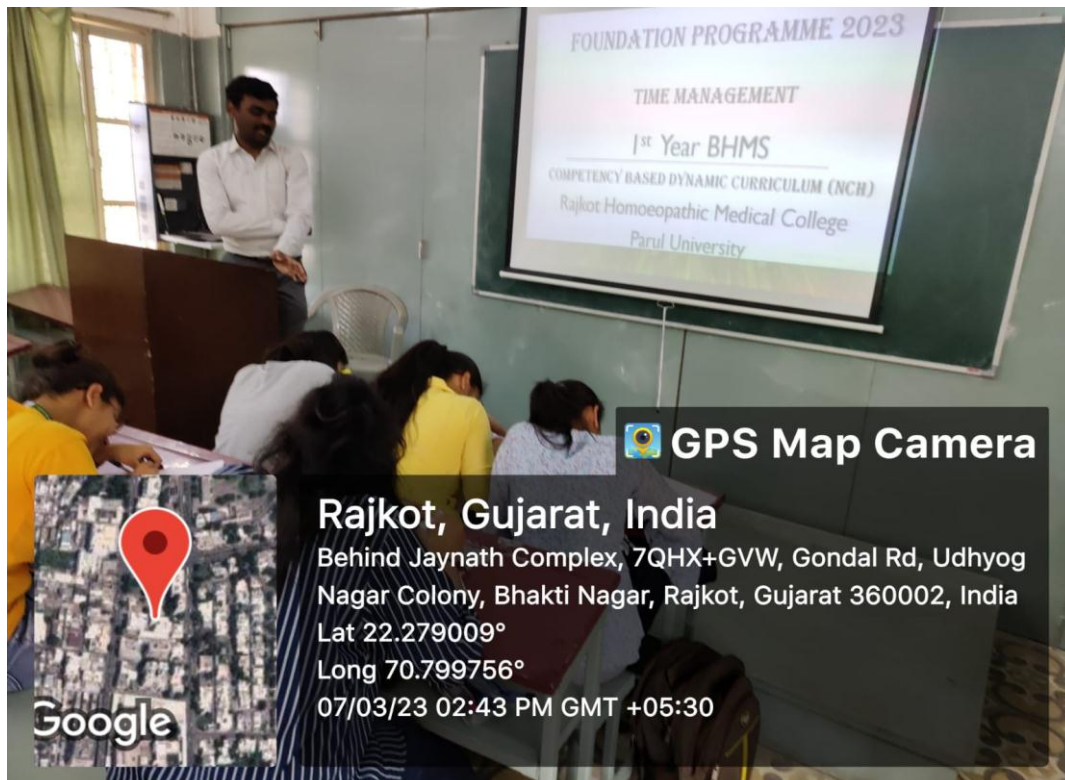
Day 7

1. Students were made aware about various National Health Priorities and National Health Policies by Dr. Anup Kumar Das, Professor, Department of Community Medicine, Rajkot Homoeopathic Medical College, Parul University



Day 8

1. A session on describing Time management exercise was taken by Dr. Viren Nimbark , Associate Professor, Department of Surgery, Rajkot Homoeopathic Medical College, Parul University



 **GPS Map Camera**

Rajkot, Gujarat, India

Behind Jaynath Complex, 7QHX+GVW, Gondal Rd, Udhyog

Nagar Colony, Bhakti Nagar, Rajkot, Gujarat 360002, India

Lat 22.279009°

Long 70.799756°

07/03/23 02:43 PM GMT +05:30

 Google

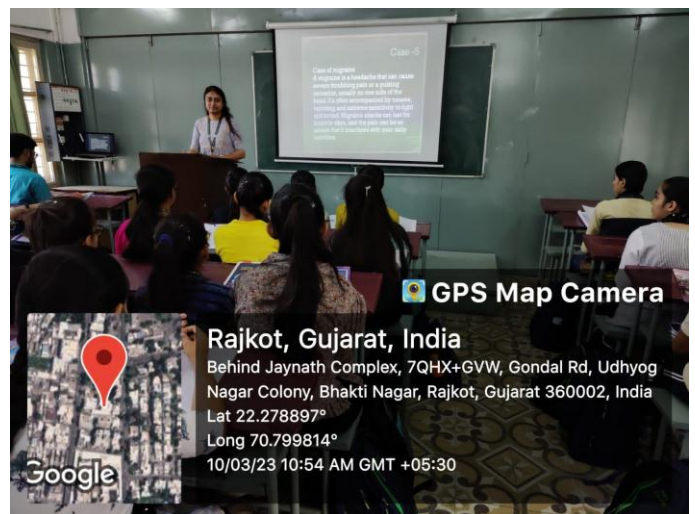
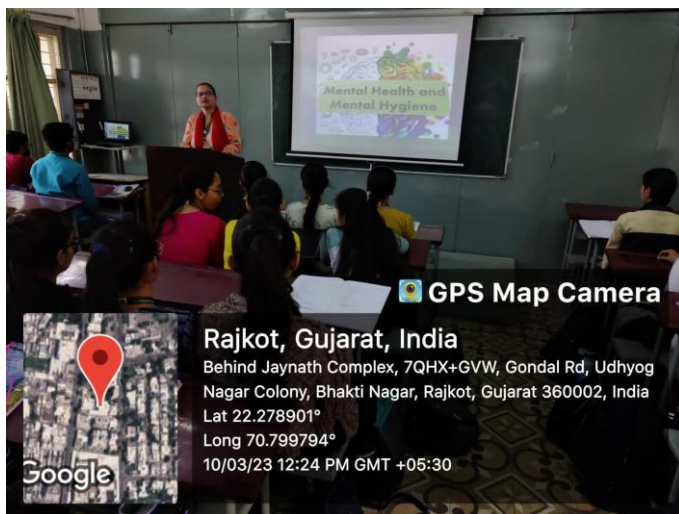
Day 9

1. A session on Universal precautions and vaccination was taken by Dr. Anup Kumar Das, Professor, Department of Community Medicine, Rajkot Homoeopathic Medical College, Parul University



DAY-10

1. Dr. Mital Kacha explained about Importance of Mental health and Hygiene
2. Dr. Vani Oza took briefing session on Mission and role of homoeopathy in society including showing effect by cases



CONCLUSION :-

The Foundation Programme helped in orienting students to all the components mentioned above with special emphasis on the role of Homoeopathy and homoeopath in today's times. This involved skill sessions such as Basic Life Support/ Emergency Management, First aid, Universal Precautions and Biomedical Waste and Safety Management that students were trained prior to entering the patient care areas. The visits provided orientation to the care delivery through community and primary health centres, and include interaction with health care workers, patients and their families.

This was an introduction to the concept of Professionalism and Ethics and closely related to Hahnemann's emphasis on the conduct of a physician. This component provided students with understanding that clinical competence, communication skills and sound ethical principles are the foundation of professionalism. It will also provide understanding of the consequences of unethical and unprofessional behaviour, value of honesty, integrity and respect in all interactions. Professional attributes such as accountability, altruism, pursuit of excellence, empathy, compassion and humanism were addressed. It also included respect towards the differently abled persons. It introduced the students to the basic concept of compassionate care and functioning as a part of a health care team. It sensitizes students to "learning" as a behaviour and to the appropriate methods of learning. The students were sensitized to various learning methodologies such as small group discussions, skills lab, simulations, documentation and concept of Self-Directed learning.

Thank
YOU!